

SAVE LIVES: FIRST AID ONLINE COURSE

Competence Canada Course ID: 9412

Recommended Prior Knowledge/ prerequisites:

No prior first aid experience is required for this course. Basic understanding of emergency situations and a willingness to learn life-saving skills are beneficial. This course is designed to be accessible to individuals from diverse backgrounds and skill levels.

Course Duration:

The Essential First Aid Training is a comprehensive course designed to be completed over 3 days of asynchronous instruction at your own pace. The course structure combines theoretical modules, interactive simulations, and case studies to ensure participants acquire essential first aid skills.

Learning Objectives:

Upon successful completion of the Essential First Aid Training, participants will be able to:

- Understand the importance of first aid and its role in emergency situations.
- Perform basic life support techniques, including CPR and rescue breaths.
- Recognize and respond to common medical emergencies, such as heart attacks and strokes.
- Provide effective care for wounds, burns, fractures, and other physical injuries.
- Administer first aid for choking and airway obstruction.
- Demonstrate appropriate actions during allergic reactions and anaphylaxis.
- Manage bleeding and control shock in trauma situations.

- Understand the use of automated external defibrillators (AEDs).
- Apply first aid principles to different age groups, including infants and children.
- Demonstrate effective communication and coordination during emergencies.

Knowledge:

Participants will gain knowledge in the following areas:

- Importance and principles of first aid
- Basic life support techniques (CPR, rescue breaths)
- Recognition and response to medical emergencies
- First aid for wounds, burns, fractures, and injuries
- Choking and airway obstruction procedures
- Allergic reactions and anaphylaxis management
- Bleeding control and shock management
- Use of automated external defibrillators (AEDs)
- First aid for infants, children, and adults
- Communication and coordination during emergencies

Who should attend?

The Essential First Aid Training is suitable for a wide range of individuals, including professionals, caregivers, parents, teachers, and anyone interested in learning vital life-saving skills. This course is crucial for those who want to be prepared to respond effectively in emergency situations, provide initial care to individuals in need, and potentially save lives.

Certificate

The E-certificate will be issued with soft signature. You may print hard copy for your reference.

If you would like a physical certificate, Competence Canada can issue one for an additional cost which includes shipping.

Fee Structure:

These fees include digital course materials, training, and the cost of issuing certificate.

How To Get Started:

For more information or to sign up for this course, please email us at trainings@competencecanada.com or visit us at CompetenceCanada.com to learn more about our trainings, accreditation, and membership programs.

About Competence Canada:

Competence Canada is a Canadian-based organization committed to promoting safety, social good, and sustainability in the workplace. We recognize that skills, experience, and training are essential for individuals to excel in their careers and make a positive impact in their communities. That's why our goal is to provide high-quality training and certification programs to individuals across a range of industries, empowering them with the tools and knowledge they need to succeed.

Through our comprehensive education and certification programs, we are dedicated to helping you gain a competitive edge in your field. Whether you're looking to advance in your current role, switch careers, or stay up-to-date on the latest industry standards, Competence Canada is here to support you. Our team of experts is committed to providing the highest level of service and guidance, so you can achieve your professional goals and make a meaningful impact in your workplace and beyond.